

# Happy 4<sup>th</sup> of July!

Google Images



July / August 2016

westie rescue network



## OOOH! AHHH! Westies!

As we celebrate our country's independence, we at Westie Rescue celebrate you, for helping us rescue, rehabilitate and rehome abused and abandoned West Highland Terriers. Your donations have helped

so many dogs who needed medical attention, physical therapy, or retraining until they found their happy forever homes. Our volunteers work tirelessly and we appreciate all of you who give these little dogs a second chance and the opportunity to be the Westie they were always meant to be. Our need for your donations has increased over the last 12 months as the dogs coming into us are older and have required over 30% more in veterinary services. Thank you for your support and Happy Independence Day!

## Cody - Surgical Success

Cody was recued the day after Christmas last year. His original owner had dropped him off because he claimed he would not stop marking, however, Cody actually had a medical condition that affected his little legs. Cody was diagnosed with Patellar luxation which occurs when the dog's kneecap (patella) is dislocated from its normal anatomic in the groove of the thigh bone (femur). A dislocated kneecap is usually caused by a genetic malformation or trauma.



Cody's Foster Mom immediately worked with WRN to help get this little guy the treatment he needed. In Cody's case, surgery on both legs was his only option. After a week in the hospital, Deb picked him up and began his long road to recovery. At first he couldn't walk very far, then just around the block. Today Deb says he is living the life of a true Westie, walking one to two miles per day. He has even made friends with the Westies that live in the house two doors down. Every day like clockwork, Cody is outside making his rounds, chasing his little ball and loving life. Deb soon realized that Cody had adopted her and the two have been inseparable. "He is such a perfect little guy, so well trained and loving" says Deb, "Cody is the best after Christmas gift that anyone could have received."

## In this Issue . . .

**Happy 4<sup>th</sup> of July**  
*Cover Page*

**Cody – A Success Story**  
*Cover Page*

**Does Your Westie Have A Paw Licking Obsession?**

*See Page*

**Easy, Cool Summer Treats**  
*Your Westie will Love*  
*See Page 3*

**Win \$50**  
*2017 Calendar Pictures*  
*Deadline is July 30<sup>th</sup>!!*  
*See Page 3*

## WRN Board Members

Gene Bourque  
Jan Humphrey Martha Smith  
Hollie Hunter

## Contact Us

P.O. Box 884 Lafayette, CO. 80026  
720-360-1212  
or visit us @  
[www.westierescuenetwork.org](http://www.westierescuenetwork.org)  
Contact us @  
[Westie@westierescuenetwork.org](mailto:Westie@westierescuenetwork.org)





# Does Your Westie Have A Foot-Licking Obsession

After Asking The Experts, I learned That Many Factors Could Be Causing My Westie's Condition

*I have rescued a West Highland Terrier that is 5 years old. He is constantly licking the top of his front paws, and between the toes. We have tried everything from changing his food to changing his shampoo but nothing seems to help? The dark stains are not only on his feet but now under his little chin as well. I was told this happens because of his saliva. Any advice on his licking addiction, and how to get his coat to be white instead of dark brown?*

**Answer:** By [Kathy Salzberg, NCMG](http://www.dogchannel.com)  
<http://www.dogchannel.com>

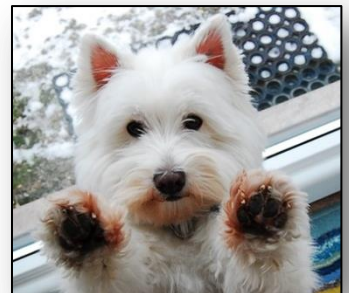
West Highland White Terriers are notoriously prone to skin problems. Your little guy's foot-licking obsession and brown stains on his feet and face could spring from several causes. First, you must reconsider his diet. He may be eating a dog food that is causing his system to produce yeast toxins, a major cause of allergies and skin infections in dogs. No matter how popular or well-advertised, dog foods that are high in yeast-producing grains can overload his immune system to the point where it cannot handle the yeast toxins, resulting in a pet who suffers from itchy skin, ear infections, and unsightly red or brown staining.

Talk to your vet about switching to a well-balanced holistic diet with high meat or fish content. Avoid foods that are high in grains that are difficult to digest. Corn, wheat, gluten and soy are often used as a protein source instead of real meat. When your pet's immune system cannot handle all these substances, allergies are the usual result, causing his constant itching.

He may be allergic to chemicals used to improve your lawn, that new carpet in the family room, the chlorine in your swimming pool, a flea bite allergy, or a skin disorder caused by mange mites. In an effort to cleanse the body of foreign substances, his body produces histamines which cause the itching. And sometimes foot-licking is simply a habit, like nail-biting in humans. He might be anxious or bored so he chews on his feet, a practice that can lead to a serious skin malady called lick granuloma. Choosing the wrong grooming products may compound the problem. He may need to be bathed only with a soothing, medicated shampoo.

Inflammation, swelling, hot spots, hair loss, lesions, and unsightly brown stains caused by oxidation of his saliva can be the result. Some dogs react well to the same over-the-counter anti-histamines while some may require a steroid drug such as prednisone to depress their immune system and interrupt histamine production. Since steroids can produce serious side effects, they are a last resort and must only be used under your vet's supervision. Open sores may also require antibiotic treatment.

His foot and chin stains are indeed caused by the oxidation of his saliva. Treat the facial stains topically with tear stain remover, wiping his face each and every day with a cotton ball moistened with the product. Avoid treatments that use harsh bleach, peroxide or dye – they can worsen the problem and could make him sick if he ingests them. Next, sprinkle his meals with a powdered product that attacks the stains from the inside out. The one we sell contains beef liver and tylosin tartrate. Your groomer can trim the stained hair as it grows out, replaced by the snowy white hair that makes these adorable little characters look so sharp and sassy.





# Easy Cool Watermelon Summer Treats

I love making these dogs treats for my little Westies and I hope you will too! Just 3 ingredients and these cool summer treats help your dog get revitalized after a hot summer afternoon.

## Recipe\*:

- 2 cups seedless watermelon (pureed)
- 1 cup coconut water or milk
- 1 tablespoon honey (optional)

## Directions:

- Scoop out watermelon – it must be seedless. Remove seeds if any, but save yourself the trouble and buy a seedless watermelon.
- Add to blender and puree until smooth.
- Add coconut water/milk (I used milk with the treats pictured here) and honey to blender and pureed watermelon. Blend well.

Pour into ice cube trays and cover with plastic wrap or bag to avoid spillage. If you're using hard plastic ice cube trays, you're safe from most spillage. But if you're like me and used silicone bone molds, you'll need something flat to lay them on. If you don't, you're looking at a sticky mess on your floors and freezer. Before you pour, put the silicone mold on something flat that you can move to your freezer, like a cutting tray or a piece of cardboard. Instead of lifting and placing just the flexible silicone mold, you can pick up the stable surface area instead.

Freeze overnight.

To remove from tray, let sit on counter for a few minutes to loosen The frozen treat. Twist tray to remove treat from mold.

<http://www.petguide.com>



## If Your Westie Is Selected For The Cover of The 2017 Calendar, You Win \$50!!!

**Deadline for 2017 Calendar Pics of Your Westies is July 30<sup>th</sup>!!!**

### What Do I Need To Do?

All pictures need to be taken with a 300 dpi high resolution digital camera in landscape format, in order to be considered for the monthly feature page. Photos taken with your mobile phone provide less than 100 dpi and can only be used for the smaller images within the calendar.

### Where do I send my pictures?

You can email your photos to our email address:

[Westie@westierescuenetwork.org](mailto:Westie@westierescuenetwork.org) or to our calendar editor Dianne Veno at [contessa5360@aol.com](mailto:contessa5360@aol.com).



## Your Donations Save Lives



### Contact US

P.O. Box 884  
Lafayette, CO. 80026  
720-360-1212  
or visit us @  
[www.westierescuenetwork.org](http://www.westierescuenetwork.org)

